



JV-FIT

MEMEBERSHIP

AGES 11-14



Membership includes 5 Weekly 50min classes rotating between:

Speed & Agility, Footwork & Balance, Strength, Cardio Conditioning, Plyometrics & Mobility, & Core Stength. Come to one and/or all classes!

Monthly Membership: \$209

School Year Membership: \$1,749



Elev8BedfordHills.com